

July Days

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Holiday 4 th of July	5	6
7	8 Mindful. 10-11 Walking Club 12-2 ME/ST	9 Musical Exp. 10:30-11:30 Cards 12:30-2:30 NK Urban Tennis 3:30-4:00 ME/ST	10 Club Kulanu 9:30-1:30 ST/PK Book Club 10-11 ME Yoga 2-3 ST/ME	11 Adventure Day 3-4 Art 10-11:30 Water Aerobics 1-2 Bowling 4:30-6	12 Fit w/Friends 10:30-11:30 Cooking 12-2 PK/PL/ME	13 Move& Groove 10-11:30 Golf 12-1 HM/EN
14 4 th Annual Picnic 1-4pm	15 Dodge Nature 10-11:15 Game Day 12:30-2 ME/ST	16 Musical Exp. 10:30-11:30 Urban Tennis 3:30-4:00 ME/ST	17 Club Kulanu 9:30-1:30 Book Club 10-11 FMSC 2:30-4:30 ME/ST/PK	18 Adventure Day 10-12 Water Aerobics 1-2 Bowling 4:30-6	19 Fit w/Friends 10:30-11:30 Cooking 12-2 PK/PL/ME	20 Move& Groove 10-11:30 Golf 12-1 HM/EN
21	22 Mindful M 10-11 Game Day 12:30-2 ST/ME/NK	23 Musical Exp. 10:30-11:30 Urban Tennis 3:30-4:00 ST/ME	24 Club Kulanu 9:30-1:30 Book Club 10-11 Yoga 2-3 ME/ST/PK	25 Adventure Day Art 10-11:30 Water Aerobics 1-2 Bowling 4:30-6	26 Fit w/Friends 10:30-11:30 Cooking 12-2 PK/PL/ME	27 Move& Groove 10-11:30 Golf 12-1 HM/EN
28	29 Pop up	30 Musical Exp. 10:30-11:30 Urban Tennis 3:30-4:00 ST/ME	31 Club Kulanu 9:30-1:30 Book Club 10-11 ST/ME/PK			