

Highland Friendship Club Week of February 26 – March 3

2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26 BOOK CLUB 10 AM – 11 AM	27 TUESDAY SOCIAL GROUP 10 AM – 10:30 AM	28 MUSIC EXPLORATION @ HFC OFFICE 10 AM – 11 AM	29 MUSIC EXPLORATION 10 AM – 11 AM	1 EXPLORE & LEARN 10 AM – 11 AM	2 KARAOKE 3:30 PM – 4:45 PM	3 BINGO 4:30 PM – 5:30 PM
MONDAY SOCIAL GROUP 11 AM – 11:30 AM	BOOK CLUB @ HIGHLAND COMMUNITY CENTER 10:15 AM – 11:15 AM	FIT WITH FRIENDS @ HFC OFFICE 11:30 AM – 12:30 PM	GET FIT LIKE ROCKY 11:30 AM – 12:30 PM	FIT WITH FRIENDS 11:30 AM – 12:30 PM	TRIVIA 5 PM – 6 PM	KARAOKE 5:45 PM – 6:45 PM
FIT WITH FRIENDS 11:30 AM – 12:30 PM	GET FIT LIKE ROCKY 11:30 AM – 12:30 PM	LUNCH BUNCH @ HFC OFFICE 12:30 PM – 1:15 PM	ADVENTURE DAY: HFC PAINTING DAY @ HFC OFFICE 1:30 PM – 3 PM	WALKING CLUB @ ROSEVILLE OVAL 2:30 PM – 3:30 PM		ZUMBA 7 PM – 8 PM
MINDFUL MOVEMENT @ HFC OFFICE 2 PM – 3 PM	BASECAMP: TEAM BUILDING @ NSSBC 3:30 PM – 5 PM	SKILL BUILDING @ HFC OFFICE 1:30 PM – 2:30 PM	THURSDAY SOCIAL GROUP 2 PM – 2:30 PM	GAME HOUR @ HFC OFFICE 4:30 PM – 5:30 PM		
ARTS & CRAFTS @ HFC OFFICE 3:15 PM – 4:15 PM	STORY BUILDING 5:30 PM – 6:45 PM	WEDNESDAY SOCIAL GROUP 1:30 PM – 2 PM		MARCH DANCE PARTY @ HFC OFFICE 6 PM – 7:30 PM		
GAME HOUR: GAMESHOW @ HFC OFFICE 4:30 PM – 5:30 PM	TOGETHER TUESDAY: MINNESOTA TRIVIA @ JCC CAPP CENTER 6 PM – 7:30 PM	BOWLING @ SUN RAY LANES 3:30 PM – 5 PM				
UST FUN NIGHT: VALENTINE'S PARTY @ UST CAMPUS 6 PM – 7:30 PM	GLEE CLUB 7 PM – 8 PM	BINGO 6 PM – 7 PM				

ONLINE

IN-PERSON

HYBRID – BOTH ONLINE & IN-PERSON OPTIONS