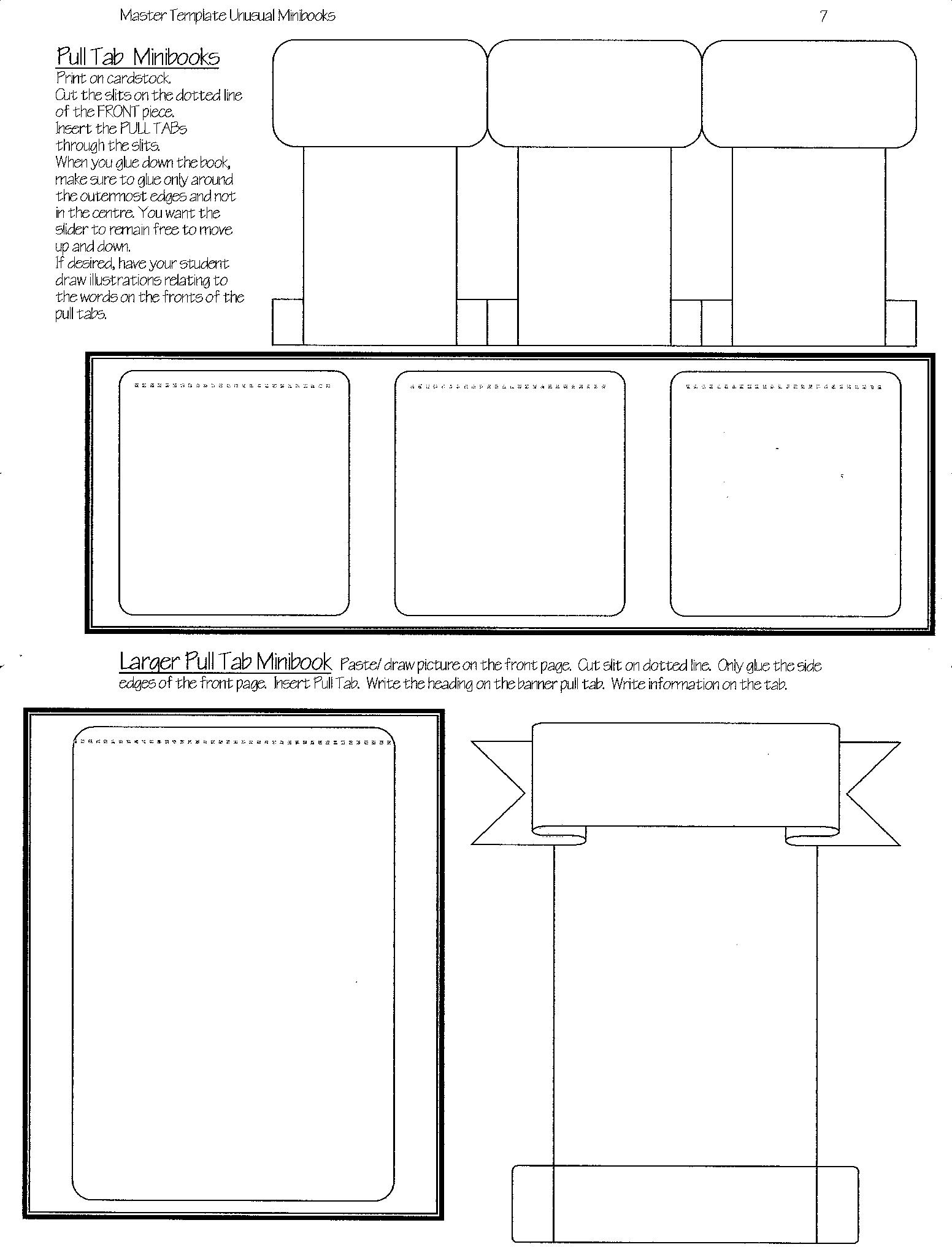
Shape, arrow

Description automatically generated Pull Up

Shape

Description automatically generated